

# Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • [www.biketcba.org](http://www.biketcba.org)

Volume 33 Number 7

Established 1972

July 2005

## NEXT Meeting!!!

**July 28, 2005 – 7:00 p.m.**

*Foster Community Center  
200 N. Foster St. – Lansing*

### Cari Noga

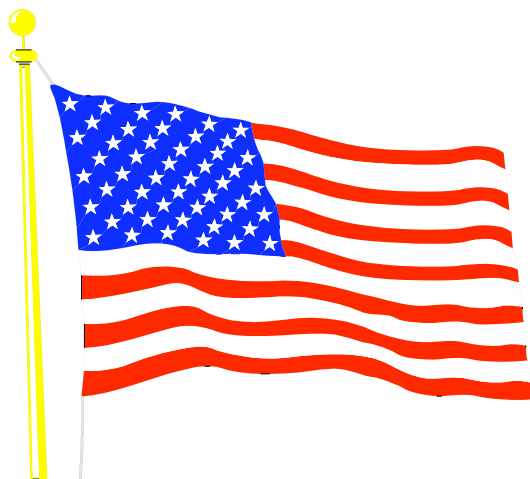
Michigan native Cari Noga worked as a daily newspaper reporter for 10 years before becoming a freelance writer based in Traverse City in 2001. Between 1997 and 2002 she worked seasonally as a tour leader for Michigan Bicycle Touring, an outdoor vacation company that offered trips along Michigan's west coast and in the U.P. Her first book *Road Bicycling: Michigan*, a guidebook to bicycling in the state, was published by The Globe Pequot Press in fall 2004. It is part of the publisher's state-by-state road biking guidebook series.

Her newly published guidebook to cycling in Michigan will be available for purchase and autograph!

See "10 Reasons To Ride Beyond Your Own Backyard" also in this issue.

## HAVE A SAFE AND HAPPY

**JULY 4<sup>th</sup> !**



## Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, July 5, 2005 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Next meeting: August 2, 2005.

## Newsletter/Ride Calendar Deadline

The **deadline for the next newsletter is Saturday, July 9, 2005.** Please send items to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840, email to: [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org) or FAX to (517) 339-1758.

**Ride calendar information** should be sent to Charla Scheidler, P.O. Box 1628, East Lansing, MI 48826, or emailed to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org). To be included in the newsletter this information must be received no later than the above-mentioned newsletter deadline.

## Cycle Forum

Plan to join Alan Huber at **6:00 p.m.** immediately preceding the membership meeting on **Thursday, July 28, 2005.** Bring your experiences and stories to share with the group.

## In This Issue

Meetings/Deadlines.....	Front Cover
Executive Board Report.....	2
New Members/Change of Address .....	2
Committee & Club News.....	3
Classified/Member Specials .....	4
Sunrises & Sunsets.....	4
Ride Calendar .....	5-6
Starting Points/Ride Classifications .....	7
10 Reasons to Ride Beyond Your Own Backyard .....	7
DALMAC 2005 – The Quad Century.....	8
DALMAC 2005 – Route Update.....	8
From the TCBA Mail Bag .....	9
Other Good Numbers/ Membership Application .....	Back Cover

---

## Executive Board Report

Submitted by: Charla Scheidler

The TCBA Board of Directors met at the Foster Community Center on June 7, 2005. Board members present included Arnie Johnson, Sue Viele, Ron Claflin, Charla Scheidler, Darryl Burris and Ed Usewick. Also present were club members Lee Adair, Katie Donnelly, Tom Hardenbergh, Dick Janson and Lenny Provencher.

### Discussion Items/Announcements

Darryl Burris advised of a group of applications for DALMAC that have been submitted recently and reported that the applications will be returned advising that all routes are full, no exceptions are to be made to current policy.

Charla Scheidler reported of a local radio personality stating that a group is riding DALMAC in an effort to raise funds for a charity. This individual has been notified previously that DALMAC is a registered trademark and has been asked to cease reference to it as a means for funding their project. The matter has been referred to the TCBA legal counsel.

A request for funds from TCBA for the purchase of an adult 3-wheeled bicycle for a disabled individual was discussed. It was determined that additional information is needed before a decision is made.

Discussion took place regarding John Waterman's suggestion, at the TCBA meeting in April, to establish PEAC-Lansing (Programs to Educate All Cyclists) in 2006. John has been invited to the July board meeting to give more details and answer questions.

It was mentioned that Ride Incentive Rules for the 2005 riding season had not been submitted for approval. The committee will be asked to review some changes that have been submitted and present a proposal for 2006. The Ride

Incentive Rules in place for 2004 will carry over for this riding season.

Changes to the Ride Leader Information that have been submitted by a TCBA member were mentioned as well and will be referred to the Ride Incentive Committee for review.

### Action items

Minutes of the May meeting were approved with the addition of Sue Viele having been in attendance at the meeting.

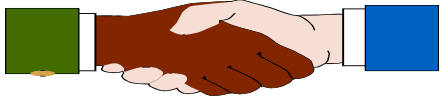
Treasurer, Ron Claflin, presented a financial report through June 1, 2005. The report was approved.

Charla Scheidler presented information regarding new rates for the Officers & Directors insurance coverage. Approval for renewal was given.

Promotion of non-TCBA rides on the web site was discussed and it was decided that they should appear only in the "Other Rides" section.

Tom Hardenberg presented the DALMAC Fund Grant recommendations from his committee. The committee recommended funding for 10 grant applicants for a total of \$55,075. The board concurred with the committee on funding for 9 grants totaling \$47,475. One request did not receive board approval. Applicants will be notified of this action and a complete list will be published in a future Chainwheel Chatter.

*Note: Information contained in this article is not the official record of the meeting. The minutes of this meeting will be submitted for approval at the next Board Meeting. Any corrections and/or amendments will be noted in next month's edition of the Chainwheel Chatter.*



### WELCOME NEW MEMBERS

Helen (Nellie) Emery  
Steve Wagner  
Bill and Nancy Enslin  
Eric and Katie Schauburger  
James and Susan Colonna and Family  
Blake Weston  
Brenda Dooley  
Javier Duarte and Family  
Peter and Electra Nicolaou and Family  
Ed and Deb Hallenbeck and Family  
Marten and Leslie Garn and Family  
Steve and Myra Holmi and Family  
Scott and Lynne Burnett and Family

### CHANGE OF ADDRESS



If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. **Please send your change of address to: TCBA, P.O. Box 22146, Lansing, MI 48909, or email [membership@biketcba.org](mailto:membership@biketcba.org).**



**TIME TO RENEW YOUR MEMBERSHIP? - CHECK YOUR LABEL!**

---

## COMMITTEE & CLUB NEWS

---

### T-Shirt Ride 2005

It's early Saturday morning and I must peek at the Weather Channel to see how great a day we're going to have for the T-Shirt Ride. My daughter and I stare like deer into headlights as we watch a giant green blob on the radar screen moving from Grand Rapids toward Lansing. (Houston, we have a problem.) It's moving rapidly our way and the backside of it is somewhere over Chicago. My overly optimistic daughter slowly turns to me and asks if I am going to remove her bike from the van or do I want her to do it? . . . Where does she get her sense of humor? In spite of the weather we ended up with over 200 participants. That was the account of the 2004 T-Shirt Ride, written last year by Al Simons. I am happy to report that this year was very different. . .



Although our fearless leader Al was somewhere in Kansas, at about the half-way point of his bicycle tour across the United States, the rest of us got up early Saturday morning to watch the weather to see what was in store for the 2005 T-Shirt Ride. We were treated to reports of temperatures in the high 80's with scattered showers.

What a GREAT DAY! The weather was exactly as predicted and with roughly 525 registered riders the 2005 T-Shirt Ride will go in the books as one of the best ever.

Again this year the Laingsburg Police Reserves served up a delicious lunch of Chicken, Pasta Salad, Chips, Soup and Veggies and handled bike/car traffic at the 4-way stop between the High School and the downtown area. They did a fantastic job! If you ever have the pleasure of meeting one of them please let them know.

But the main factor in making an event a success is the VOLUNTEERS. This year 20-some TCBA volunteers stepped up when needed (as usual). Thank you all for all you did. Your efforts are greatly appreciated.

Deb Holdcraft

---

### WOW Ride 2005

The WOW Ride committee is looking for volunteers. This year the ride is scheduled for Sat. July 23<sup>rd</sup> at Mason High School. If you have worked WOW in the past and would like to help again, or have never worked on a ride before and are interested in getting involved contact Joane Gruizenga at (517) 337-3026, or email wow@biketcba.org.

### DALMAC 2005 Registration Volunteers Needed

Many of you have helped with DALMAC Registration before and know what a rewarding job this can be and a great way to meet other members. There are always many necessary and enjoyable tasks to be done. If you can help for any period or any part of registration period, please contact Mike Hudson at hudsonmi@msu.edu or 517-321-4297 (please, no calls after 10:00p.m.). A sign up sheet will also be passed around at club meetings.

We will again be registering DALMAC riders at the MSU Pavilion and the schedule is as follows:

**Tuesday, August 30, 2005,  
5:00 p.m. - 8:00p.m.**

**Wednesday, August 31, 2005, 7:00a.m.- 9:00a.m. &  
5:00p.m.- 8:00p.m.**

**Thursday, September 1, 2005, 7:00a.m.- 9:00a.m.**

Please plan to arrive at least 15 minutes prior to your shift starting time.

---

### WKAR Auction Report

Were you in line at the post office on the night of April 15? Or were you watching your TCBA friends on the WKAR-TV auction? In what has become an annual tradition, TCBA participated in staffing the TV-23 phone bank for this annual fundraiser. After a brief indoctrination (what's a "slard" anyway?), we took our places at the phone bank, taking bids from callers hoping for bargains. Although the noise level and initial excitement were a challenging adjustment, we got into the swing of things just in time for the first "lightning round."

WKAR-TV annually counts on over 2,000 volunteers to help put on this event. In appreciation, our volunteer members were invited to a live mini-auction to cash in on auction leftovers at bargain prices.

Please join me in thanking the following members who gave up their Friday evening to represent TCBA and support Channel 23. Plan on joining us next year in this "off-road" adventure!

Martha Andrews  
Dave Ford  
Marta Ford

Tom Hardenbergh  
Veronica Jackson  
Deb Traxinger

Katie Donnelly

---

## CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send email to [chainwheelchatter@biketcba.org](mailto:chainwheelchatter@biketcba.org), FAX to (517) 339-1758, or mail to Charla Scheidler, 10384 Blackberry Ln., Haslett, MI 48840.

**FOR SALE:** New 4-bike Saris T-Rax 200, 1 1/4" hitch rack. Sturdy double arms fold down, tilts away for access to rear of vehicle, soft rubber hold downs and anti-sways to protect bikes. Hitch Tite base secures rack solidly to vehicle. Never used, but already assembled & ready to go! \$175 OBO Sheri – (517) 323-7487 or (517) 316-1527

**FOR SALE:** Mountain bikes – Schwinn High Sierra 19" frame \$100 and Giant Iguana 19" frame \$65. Contact Harry (517) 882-7272 or email – [hrdhill@aol.com](mailto:hrdhill@aol.com).

**FOR SALE:** 1420 Trek road bike, 52 cm. aluminum frame, 21 speed, computer, aero bar, rear rack, water bottle cages, clipless pedals, new tires, low miles, very good condition. Call Mary at (517) 394-5737 after 5 pm or Cyndi (231) 889-4915 (owner)

**FOR SALE:** Vintage Trek USA Suntour A R X 12 sp. derailleur systems Renyolds 501 Tubing. Excellent condition \$150. Call (517) 484-9254

**FOR SALE:** Kids GT "Bullet" Mountain Bike, 21 Speed, Grip Shift, 24 inch wheels, Suitable for a boy or girl, Blue, Excellent condition, rode only five times. \$125.00. Contact Bob at (517) 675-1197 after 4 PM.

**FOR SALE:** Linear Recumbent Bicycle. Aluminum frame, long wheelbase, under-seat steering. Includes clip-on back-back, cycling computer, custom seat cushion and unique hydration system. \$500. Contact Dale (517)541-3555 evenings.

**GIVE OR TAKE. . .** Cleaning out your closets or garage? Please consider recycling items you no longer need...biking gear and/or clothing in good condition will be passed on to new riders who need like items. Please call if you have things to donate, or if you wish to be donated to. Overflow will be donated to a charitable Bike Tour going to the Ukraine for the purpose of donating bikes, etc. Thank you very much to those who have already donated. Call Sheri. (517) 323-7487.

**OLD BIKES/TOOLS HANGING AROUND?** The MSU Bike Project (grateful recipient of \$ from the DALMAC fund in '04) is looking for old bikes in working or restorable condition. Ideal bikes are 1 ~ 5 spd. with fenders/ chain guards, baskets, etc. but newer are great! Tools & parts for all types of bikes much needed. Full details on donating: [www.msu.edu/~bikes/donations.html](http://www.msu.edu/~bikes/donations.html).

## MEMBER SPECIALS



Mike's Firehouse Grill would like to invite the Tri-County Bicycle Association members to come join us for lunch or dinner! We are extending a 10% discount to all TCBA members.

Located at 447 S. Jefferson St., Mason, in the former building of the City of Mason Firehouse.

For directions, menus, and the history of our unique and exciting atmosphere visit our website [www.mikesfirehousegrill.com](http://www.mikesfirehousegrill.com).

We hope that you will take advantage of this offer and we look forward to seeing you at Mike's Firehouse Grill!

### SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells. Reasonable prices. Custom fit. Gift certificates.

For more information call Sue at (517) 627-1411.

### TCBA Club Jerseys

Show your colors! We have a supply of short sleeve Louis Garneau jerseys with "loose fit" sizing (meaning that you should generally order one size smaller than your regular bike clothing). We also have some "snugger fitting" sizes available if you want a more tailored look. They are the traditional yellow and red brick pattern and are priced at \$45 each. To view the design, visit the TCBA web site [www.biketcba.org](http://www.biketcba.org). At this time sizes are limited (XL in "loose fit" and XS, S, M in "pro fit"). To order by mail send your check with your size to: TCBA Jersey, P.O. Box 1628, East Lansing, MI 48826. Please include an additional \$5 if you would like your jersey mailed to you and also indicate "loose fit" or "snug fit." Jerseys will also be available for purchase at TCBA club meetings.

### SUNRISES & SUNSETS FOR JULY, 2005

Date	Rise	Set	Date	Rise	Set
1	6:04	9:20	17	6:15	9:13
2	6:05	9:20	18	6:16	9:12
3	6:05	9:20	19	6:17	9:11
4	6:06	9:19	20	6:18	9:10
5	6:06	9:19	21	6:19	9:10
6	6:07	9:19	22	6:20	9:09
7	6:08	9:18	23	6:21	9:08
8	6:08	9:18	24	6:22	9:07
9	6:09	9:18	25	6:23	9:06
10	6:10	9:17	26	6:24	9:05
11	6:11	9:17	27	6:25	9:04
12	6:11	9:16	28	6:26	9:03
13	6:12	9:15	29	6:27	9:02
14	6:13	9:15	30	6:28	9:01
15	6:14	9:14	31	6:29	9:00
16	6:15	9:14			

---

## Ride Starting Point Descriptions

67th District Court House ..... Grand Blanc  
Coaches ..... Corner of M-99 and Bishop Road, SW Lansing  
former City Limit, Plum Crazy Too, Bishop Inn  
Dewitt Junior High Sch, South lot ..... Dewitt  
Dewitt Township Hall.... 1401 W. Herbison Rd. 1/2 mi. west of Old 27.  
Former Holt High School Holt Junior High .....  
..... Aurelius Rd, 1/2 mi south of Holt Rd, Holt  
Haslett Middle School.....  
..... E on Franklin St from Marsh Rd, 1st light S of Haslett Rd  
Holt Commuter Lot .....US-127 & Holt Rd., Holt  
Holt Pro CycleNew store ..... Cedar, 3 blocks S of Holt Rd.  
Kroger, Coolidge & Lake Lansing ..... Parking lot near Coolidge  
Lennon United Methodist Church..... I-69 and M-13 to Lennon,  
W on Lennon Road to Oak Street, S to 1014 Oak St.  
Mega Mall..... 15487 Old US-27Northeast St. & Northcrest  
Rd/NE corner of lot  
Oneida Gospel Church.....  
..... Corner of Oneida and Strange Hwy, Gd Ledge  
Oneida Township Hall ..... St. Joseph & Oneida Road, Gd. Ledge  
Rayner Park ..... Ash Street M-36, west of fairgrounds, Mason  
Victor Township Hall ..... Alward Rd & Shepardsville Rd.,  
Laingsburg, 1 mi. n. of Round Lake Rd  
Williamstown Twp Hall..... Corner Zimmer & Germany Rds  
4 mi east & 1 mi south of Haslett

## RIDE CLASSIFICATIONS

A+..... 19+ MPH  
A ..... 17-19 MPH  
B ..... 14-17 MPH  
C ..... 12-14 MPH  
D ..... Under 12 MPH Fun and Social Group Ride  
F..... Family Fun & First-Timers Ride  
M Mountain Bike ..... N/A  
Z ..... Rides over 40 miles in length to be  
ridden at the rider's own pace without on the road  
ride leader supervision. Leader must have detailed  
map of the ride for all riders.

**FOR MORE RIDES CALL:  
517-882-3700 - or visit the Web Site:**

[www.biketcba.org](http://www.biketcba.org)

**Also check this number for updates-  
changes on rides listed in this  
Chainwheel Chatter.**

To receive the Ride Line Transcript by email  
send your email address to: [donnel13@msu.edu](mailto:donnel13@msu.edu)

---

## 10 Reasons To Ride Beyond Your Own Backyard

As the days get longer and warmer, the anticipation rises of that first ride on a favorite route. But this season, why not venture out on a road less traveled? The author of a new guidebook to road biking in Michigan says beautiful scenery, historical destinations and special attractions await cyclists in every corner of the Great Lakes state.

“Michigan’s state motto is ‘if you seek a pleasant peninsula, look about you.’ There’s no better vantage point than a bicycle seat,” says Cari Noga, author of *Road Bicycling Michigan* Falcon Guides, 2005 a guide to the 40 best bike rides in the state.

Noga offers 10 reasons to take your bike on a road trip this season.

1. Great Lakes shoreline – Michigan has more than 3,200 miles of Great Lakes shoreline, the longest freshwater shoreline in the world. Nearly 20 percent of it is in public ownership, open for you to enjoy.
2. The U.P. – The Upper Peninsula comprises a quarter of Michigan’s land mass, but has fewer people than the metro Grand Rapids area. The result? Miles of lightly-traveled roads you’ll have almost all to yourself.
3. It’s good enough for a Tour de France rider – Former U.S. Postal Service rider and Lance Armstrong teammate Frankie Andreu is a Dearborn native. A nine-time finisher of the Tour, more than any other American cyclist, Andreu trained for the world’s greatest race around metro Detroit. One of his training routes appears in the book.
4. Michigan history - Michigan has colonial forts, elaborate churches, ethnic enclaves like Frankenmuth and Indian heritage sites, all accessible on two wheels.
5. Lighthouses – Sometimes called American’s castles, Michigan has dozens of these watchtowers over the water.
6. Waterfalls – From the U.P.’s majestic Tahquamenon, the U.S. falls second only to Niagara, to smaller falls right along the road, a waterfall makes a great place for a break.
7. Wineries – Western Michigan is home to a growing number of wineries, clustered around Traverse City in the north and Saugatuck in the south. Pedal to a tasting room, or visit one post-ride.
8. Sand dunes – Found all along the western Michigan shoreline, from the Sleeping Bear Dunes National Lakeshore in Leelanau County to Warren Dunes State Park near the Indiana border. Take a hike to get a break from pedaling.
9. Hills and flats – Whether you want to climb or just cruise, Michigan’s terrain offers plenty of variety.
10. Cities – As home to the Motor City Detroit, Cereal City Battle Creek and the Cherry Capital Traverse City Michigan offers cyclists urban adventures as well as rural roads.

*Road Biking Michigan* provides detailed descriptions, maps and directions of 40 of the best bicycle rides all over the state. Rides range from 9 to 85 miles and are designed to cover a whole range of abilities and fitness levels. Cari Noga is an award-winning writer and veteran cyclist. A resident of Traverse City, Mich., and member of the Cherry Capital Cycling Club, she worked for five summers as a bicycle tour leader for Michigan Bicycle Touring, an outdoor vacation company.

---

## DALMAC 2005 - The Quad Century

The 35th Annual DALMAC continues the Quad Century which was begun in 1988. This 18th edition will be as good as any in the past. Pardon me if I repeat some of the information used in the Quint Century article last month.

The Quad Century will start on Thursday, September 1, 2005 at the MSU Pavilion. You will follow the same route as the Quint Century, but a day later. Quad Century riders on DALMAC 2004 suggested we not use parts of Lincoln Lake Road north of Lowell. Instead I created a new route and returned to some roads not traveled by DALMAC since 1997 and some that we have never ridden.

The description of the route is the same as the Quint Century in last month's CWC. There will be a rest stop in Carson City at the Methodist Church for you also. You will pass by the Lakeview High School. Don't stop there to camp. Your stuff is more than 16 miles away. Today you ride 109.8 miles. The Wednesday night campground will be at the Morley Stanwood High School which is 3.4 miles north of Morley, Michigan.

Friday's route is 105.0 miles. See last month's Quint Century article. The optional extended route for the Quint Century riders is your primary route. You may choose to ride the Quint Century route into Mesick, but this is only 88.9 miles for you. It sounds confusing, but it should be marked on the road and easy to follow. Your overnight campground is at the Mesick High School in Mesick, Michigan. The Quint Century riders are already there. Of course they have taken all of the prime camping spots. They are coming back from Frankfort on their third day of centuries.

Rather than repeat all that I wrote last month, I'll just hit some highlights and you can read about Saturday and Sunday in last month's CWC.

Saturday will be the same as last year. Hills, large and small tourist towns. For previous Quad Century riders this is no surprise. "PUKE HILL" is on the route. It was named a few years ago by a member of the DALMAC Road Crew after a situation at the top of the hill. The M-37/US-31 intersection is a very busy area. There are many places to eat within 100 yards of this intersection. Another hilly section begins on Bunker Hill Road (note the name) in Acme. Elk Rapids has stores and restaurants that are sure to fulfill your nutritional needs and Alden has The Muffin Tin. Caution! After Alden, the route splits at Bellaire Hwy. where the 5 Day route turns right. Don't go there. You'll have a long climb up the hill to get to the YMCA Camp, your overnight campground.

Sunday will wrap up your DALMAC experience for 2005. Mackinaw City is 97.4 miles away. Again, the route hasn't changed from 2004. See last month's CWC. Former Quad Century riders know today's route is challenging. There are many uphill and downhill before you get to East Jordan. "The WALL" is after East Jordan., and after Boyne City, there is the three tiered climb on Old State Road. Before Petoskey on Howard Road, there are a few more hills. Be careful on US-31 in Bay View. You will be turning left onto M-119 in less than a mile. Be prepared to cross over three lanes safely. Next you'll come to Harbor Springs and the local bike shop where they always serve fruit and bagels. Now begins the "Tunnel of Trees" with "The Chute" and Goodhart. Goodhart has a wide variety of food at the store. Their outdoor cafeteria line is loaded with choices. Cross Village is next and now you only have 23 miles to go. Soon you'll get your first look at the Mackinaw Bridge. Finally, you ride into the Mackinaw High School parking lot where your family and/or friends are waiting for you.

DALMAC 2005 may be done for you or you line up for the famous DALMAC Bridge crossing to LaSalle High School in St. Ignace. We hope you placed your bags on the correct truck.

DALMAC is something that only about 1,800 riders get to enjoy each year. We hope yours will be an experience you will long remember.

## DALMAC 2005 - Route Update

I hope you have enjoyed the DALMAC Route articles of the past few months. As you may know, I keep on top of construction situations along the DALMAC routes as best I can.

### Quad/Quint Routes

This year, MDOT has done us in south of Traverse City. They are rebuilding M-37 south of US-31 and the intersection of US-31 and M-37 to make traffic flow through that area more smoothly. This construction may or may not be done by DALMAC time. We won't be riding on M-37 even if the construction is completed. What they have done is make biking along M-37 more dangerous. Most of the mile we would have ridden on M-37 is being increased to 5 lanes with a curb and no shoulder. The 8 foot shoulder of the previous road configuration was much safer for us.

Anyway... The route will still be going up "PUKE HILL" and then through Kingsley. This is much safer and only 2 miles farther. Garfield Road is very nice. It has 4 foot paved shoulders all along the route to Arbutus Hill Road. You can thank me later.

Also, there is a change on the first day Wednesday for the Quint and Thursday for the Quad. I reported that there would be a rest stop in Carson City. Although there is still a slight chance the rest stop will be there, as of now, it won't be happening. There will be a PSM stop, you private SAGs know what this is, in town. Watch your map booklet for the place.

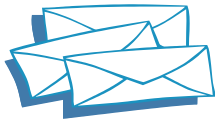
### 5-Day/4-West Routes

As usual, Clare County is working on our route. This should be the last time for a few years. They have been working on the reconstruction of 2 miles of Bringold Road north of Lake George. If all goes well, we should have new pavement come DALMAC time. This construction affects the 5 Day on Thursday and the 4 Day West on Friday.

There are new owners at the Lake George Campground. In the past, they have had food and drinks for us to purchase. They will be doing it for us this year as well. This also is for only the 5 Day and 4 Day West.

If I find other problems, they will be reported here.

Joe Adams (I don't name my bike)  
DALMAC Route Chairman



## FROM THE TCBA MAIL BAG

### The "Shuttle Guy" DALMAC 5 Day

The Shuttle Guy will be coming to the DALMAC 5 day route this year. He offers a host of services for tour participants. The Shuttle Guy can provide, for a fee, a comfort camper package tent, air mattress, set up and take down, chair and towel service, hotel shuttle, towel service, chair rental and more. Click on the link at the DALMAC home page or go to [www.shuttleguy.com](http://www.shuttleguy.com)

### You Can Help TCBA and LMB Provide Bike Parking at the Great Lakes Folk Festival

The Great Lakes Folk Festival returns to downtown East Lansing this year, August 12-14. And returning to the festival is free guarded "valet" bike parking—thanks to the volunteer efforts of TCBA members and others. TCBA and the League of Michigan Bicyclists has offered this popular service at the past five festivals. Past volunteers can tell you it's fun and low-stress. Please consider volunteering to help with bike parking this year.

The festival's main sponsor is the MSU Museum. Featuring a huge range of music from polka to blues, plus dance and other folk arts, the festival draws large crowds. Offering free bike parking encourages people to cycle to the festival instead of driving—which promotes cycling as a convenient and practical mode of transportation, alleviates traffic congestion, saves energy and protects air quality. It also provides a golden opportunity to promote TCBA and LMB membership as well as cycling safety and events.

Bike parking volunteers get training, chairs, a tent for shade, snacks and refreshments. All volunteers receive an official GLFF volunteer T-shirt, an invitation to the performer/volunteer party on Saturday night, access to the "Green Room" (more free drinks and snacks) and other perks.

Festival volunteers are asked to work one or more shifts of about three hours. New volunteers are also asked to attend one of three training sessions (dates and times to be announced). You can sign up at the festival web site, <http://greatlakesfolkfest.net> (click on "volunteers" then "registration") or call (517) 432-GLFF. The shift times for bike parking will differ somewhat from the standard shift times shown on the registration form. In a few weeks, festival staff will provide the bike parking coordinator a list of volunteers, who will be contacted to work out precise schedules. (To help with set-up, select the Friday early afternoon shift, for tear-down, the Sunday late afternoon shift.)

For more information about the bike parking service, contact Phil Wells by phone at (517) 267-8971 or email [philwells99@yahoo.com](mailto:philwells99@yahoo.com).

### Programs to Educate All Cyclists

Hello TCBA Members!

Thank you for the warm reception after my presentation about PEAC at the April meeting. I am so excited that TCBA shares my mission to establish a cycling program in the Lansing area! With such a strong cycling community through your club, individuals with disabilities would have a great place to ride.

I am setting up a committee for those who want to help with the establishment of PEAC Lansing for the summer of 2006. We have a lot of work to do! If you are interested in seeing this great program in your area, please join me for a meeting. Please contact me either through email at [jwaterman@bikeprogram.org](mailto:jwaterman@bikeprogram.org), or call me at 734-658-8347.

Thanks for all of your support over the years. The DALMAC fund allows us to provide cycling programs for individuals with disabilities, and TCBA puts on great rides for our cyclists to show off at!

John Waterman  
Executive Director  
Programs to Educate All Cyclists PEAC

Secretary's Note: Although the TCBA Board of Directors has not yet voted to approve this project, we ask that you contact John if you have an interest in serving on the organizational committee. Through this committee we will gather the information needed to make a decision on whether or not to go forward with the project for 2006.

### Crystal Cruise Weekend in Frankfort, MI

Once again the time is nearing to make reservations for the "Frankfort Crystal Cruise" weekend. The dates of the rides are July 30 & 31. Reservations at the Betsie River Camp Site can be made either via the Web site at: [www.michcampgrounds.com/betsieriver/](http://www.michcampgrounds.com/betsieriver/) or by Phone: 231-352-9535.

Since it is a small camp ground, it is advisable to make your reservations as early as possible. You can share your camp site and costs with 2 other friends or bikers. Be sure and mention to the office personnel, that you belong to the group of bikers, who come up every year.

For more info call Edie Belcher at: 517/669-7259.

The next time you visit the Velodrome at Bloomer Park you'll notice their gratitude to the DALMAC Fund expressed by this plaque. . .

**Tunnel Provided by  
The DALMAC Fund**

*Thanks DALMAC!*

**From  
The Velodrome at Bloomer Park**