

Chainwheel Chatter



Tri-County Bicycle Association • P.O. Box 22146 • Lansing, MI 48909 • (517) 882-3700 • www.biketcba.org

Volume 34 Number 5

Established 1972

May 2008

NEXT Meeting!!!
May 29, 2008 – 7:00 p.m.
Foster Community Center
200 N. Foster St. – Lansing



Andy Provenzano
TV-10 Meteorologist

Andy Provenzano, WILX, Channel 10, Meteorologist will talk about lightning and how to avoid being struck and other weather-related topics.

TCBA Family Picnic
June 29, 2008, Rayner Park, Mason, MI

Lunch will be served at 1:00 p.m. The cost will be \$5.00 per person with advance reservations required (children under 10 will be admitted free, but we will still need a head count for them). A sign-up sheet will be sent around at the May club meeting, or you can send your check or money order payable to TCBA to Sue Viele, 4985 Pares Rd., Dimondale, MI 48821. If you have questions you may contact Sue by phone 517-646-8335 or email vp@biketcba.org.

CHANGE OF ADDRESS

If you move or have your mail forwarded, please notify us as soon as possible. The newsletters are sent bulk mail, and the post office does not forward bulk mail. The post office returns your newsletter to us (we have to pay to get it back), so your membership ends up in limbo until we hear from you. Please send your change of address to: TCBA, Membership Change of Address, P. O. Box 22146, Lansing, MI 48909, or email membership@biketcba.org.

Board Meeting

The Board of Directors will meet at 6:30 p.m. on Tuesday, June 3, 2008 at the Foster Community Center.

Members are welcome to attend all board meetings to express their concerns. Due to time constraints, if you have a specific item to be brought before the board it is suggested that you contact the President one week prior to the meeting, and ask to have it added to the agenda.

Cycle Forum

Please plan to join Alan Huber at 6:00 p.m., immediately preceding the membership meeting on **Thursday, May 29, 2008.**

Newsletter/Ride Calendar Deadline

The deadline for the next newsletter is Tuesday, May 6, 2008. PLEASE NOTE, THIS IS 3 DAYS EARLIER THAN USUAL DUE TO A SCHEDULED TRIP I NEED TO TAKE FOR WORK. Please send items to Janet Weber, 767 Linden St., Charlotte, MI 48813, FAX to 1-800-480-1146 or send your email to: chainwheelchatter@biketcba.org.

Ride calendar information should be sent to Ed Usewick, 590 Boutell Dr., Grand Blanc, MI 48439 or emailed to rideschedule@biketcba.org. So we can include this information in the next newsletter, please note deadline date indicated above.

In This Issue

| | |
|---|-------------|
| Meetings/Deadlines/Announcements.... | Front Cover |
| Board Minutes..... | 2 |
| National Bike Month..... | 3 |
| Editors Notes..... | 3 |
| New Members..... | 3 |
| Ride Calendar..... | 4 |
| Starting Points/Ride Classifications..... | 4 |
| Classified..... | 5 |
| Member Specials..... | 5 |
| The Forces of Nature..... | 6 |
| From the TCBA Mail Bag..... | 7 |
| The New Bike..... | 9 |
| Other Good Numbers/ Membership Application..... | Back Cover |

MINUTES OF THE TRI-COUNTY BICYCLE ASSOCIATION

BOARD OF DIRECTORS MEETING

Foster Community Center - Lansing

March 4, 2008

Board members present included Sue Viele, Linda Antinori, Al Simons, Kris Stairs, and Herb Drake. Also present was club members Katie Donnelly.

Reports

1. **Vice –President’s Report:** Sue Viele, Vice- President, announced that Andrea Rybicki, Chainwheel Chatter Editor, was resigning her position due to time restraints. After Board discussion, it was decided by the Board that Sue Viele would email those people who had indicated an interest in working on the newsletter when they applied for club membership.
2. **Minutes/Secretary’s Report:** Minutes of the February meeting were presented for review by secretary, Linda Antinori. Grammatical changes to the minutes were suggested and made. A motion to approve the minutes was made by Sue Viele, was seconded by Kris Stairs, and carried unanimously.
3. **Treasurer’s Report:** Financial Reports for the 2007 Fiscal year as well as January 2008 were presented to the Board for approval by Dick Sulin, Treasurer. The reports were reviewed by Board members and a motion to pass the Financial Reports was made by Herb Drake. The motion was seconded by Al Simons, and passed unanimously.
4. **Ride Program Committee:** Kris Stairs announced that the 2007 ride incentives should be available for club members to pick up at the April Club meeting.
5. **DALMAC:** Al Simons, Events Director, announced that DALMAC registration was up and running. The bugs in the registration process had been worked out.
6. **Northwest Tour:** There is still space available on the Northwest Tour.
7. **Summer Tour:** Summer Tour is full for 2008.

New Business:

- Herb Drake, Member at Large, will have a rough draft of the TCBA Privacy Policy available by the next Board meeting.
- The generosity and flexibility of the Foster Community Center in scheduling our meetings has greatly benefited the TCBA and in return the TCBA Board of Directors would like to make a contribution to the Foster Community Center. Dick Sulin is to contact the Foster Community Center to see what programs of theirs could benefit from a donation from the TCBA.
- After discussion, the Board decided to continue to keep its meeting date as the first Tuesday of the month.
- Herb Drake suggested we make more room for member ads in the Chainwheel Chatter. The current layout could be improved to accommodate more member input, easing the editor’s job. Further discussion will be postponed until we have a new editor comfortably in place.
- Web page changes have been postponed for the time being, with the hope that the more use of the Braking News feature will keep club members up to date on club news.
- Katie Donnelly announced that the Healthy Expo would be held September 27, 2008.

MAY IS NATIONAL BIKE MONTH!!!

BIKE TO WORK WEEK – MAY 12-16

BIKE TO WORK DAY – MAY 16

For additional information go to the League of American Bicyclists website:

<http://www.bikeleague.org/programs/bikemonth/>



Editors Note

As you learned a few months ago, Andrea Rybicki has stepped down as editor to the Chainwheel Chatter newsletter. Thank you, Andrea, for the exceptional service you provided. With a few months of transitional assistance from a prior editor, Charla Sims, I have agreed to accept this position. Thank you Charla, as well, for your years of service and the assistance you've been providing as well.

My name is Janet Weber and I have been a TCBA member for just one year. As a fairly new member, I am still learning a great deal of the TCBA and look forward to furthering my understanding thereof and gaining opportunities to serve this organization.

This newsletter is our tool provided to all of us from each other. Therefore, I welcome your input to this newsletter as each of you have a wealth of information, knowledge, and experience that we can all benefit from.

Please feel free to submit articles of interest for inclusion in future issues. We post submission deadlines in each issue; however, those deadlines will be the 2nd Friday of each month. Thank you for allowing me the opportunity to serve this organization and together we can continue to improve our efforts to keep each other informed on the latest updates pertaining to bicycling.

WELCOME NEW MEMBERS

Richard Rapparlie
Sam and Trish Davis

Heather Stearman



RIDE OF SILENCE

The 2008 Ride of Silence will be held on Wednesday, May 21st at 7 p.m. beginning at Haslett Middle School. This ride which honors those bicyclist who have been injured or killed, is conducted to raise awareness of all bicyclists and to spread that we all SHARE THE ROAD. This ride is a Class “D” ride, and asks cyclists to ride no faster than 12 MPH and remain silent during the entire ride. Please join us for this event.

100,000 Metre T-Shirt Ride

WHEN: Saturday, June 7, 2008
WHERE: Laingsburg High School

Please be sure to join the fun with great routes, great food, and hopefully great weather. For more information go to www.biketcba.org. If you are interested in helping with rest stops or SAG Driving, please contact Debra Holdcraft at 517-223-0312 or tshirt@biketcba.org.

LIFERIDE 2008

Once again, many TCBA members will ride in the Liferide! This ride is a great fellowship opportunity and fundraiser for the Lansing Area AIDS Network. The route is in beautiful Clinton County, and riders will enjoy breakfast, lunch, dinner, and great SAG support! It will take place on Saturday, June 14, with the 70 mile ride starting at 8 am and the 25 mile ride starting at 9 am. Please call Patrick Lombardi at 517-394-3719 extension 14, or register online at www.laanonline.org. Riders who raise \$500 in pledges will have their \$35 registration fee waived. Top pledge collector will receive a LIFE RIDE riding jersey from Velowear.

May 2008 Ride Calendar
Recurring Rides; No Ride if Rain, Unless Noted

| Day/Date | Time | Miles | Class | Start Location | Other Information | Ride Leader |
|-------------------|-----------------|-------|-------|--|---|----------------------------------|
| Sundays | 8:30 AM | 40+ | Z | 67th District Court House, Grand Blanc | Must be above 45 at Start; No Ride: Mom's Day (11 th) | Ed Usewick 810-694-9919 |
| | 10:00 AM | 26-38 | C | Holt Junior High School | At least one rest stop | Pete Derkos 517-694-3024 |
| | 1:00 PM | 20-25 | D | Kroger Parking Lot (Coolidge Road) | | Judy Miller (517-484-5686 |
| Mondays | 6:30 PM | 18-25 | C | Coaches American Pub & Grill | No ride on Memorial Day | Ginger Royston 517-393-4799 |
| | Tuesdays | | | | | |
| | 5:00 PM | 25-35 | B | Owosso Fire & Police Station | No ride if high winds | David Smith 989-723-1211 |
| | 6:00 PM | 15-30 | C | Oneida Gospel Church | | Dennis Stinson 517-543-9432 |
| | 6:30 PM | 15-20 | B | Williamstown Town Hall | | Dwayne Scheidler 517-339-4586 |
| Wednesdays | 6:00 PM | 5-10 | D | Holt Pro Cycle Shop | This is a slow/easy and fun ride for all ages! | Tina Patrick 517 575-9924 |
| | 6:30 PM | 12-15 | D | Haslett Middle School | May 21 st will be the Ride Of Silence. Call for details. | Lenny Provencher 517-204-2971 |

May 2008 -Wednesday Evening Rides - MSU Pavilion

All Classes start at, 6:15 pm, 1/2 mi. south of the Y-Lot

| Class/Mileage | 5/7 | 5/14 | 5/21 | 5/ 28 |
|---------------|-------------------------|------------------------------|----------------------------|----------------------------|
| A, 30-40 mi | | | | |
| B; 25-35 mi. | Sue Viele 333-0306 | Jim Delinescheff 333-9327 | Linda Antinori 410-6343 | Katie Donnelly 349-5564 |
| C; 20-30 mi. | Mary Burris 394-1617 | Mary Burris 394-1617 | Mary Burris 394-1617 | Edie Belcher 242-4122 |
| D; 15-25 mi. | | Katie Donnelly 349-5564 | | |

| | | | | | | |
|------------------|---------|-------|---|------------------------------|---|---|
| Thursdays | 5:00 PM | 25-35 | B | Owosso Fire & Police Station | No ride if high winds, or club meeting the 29 th | David Smith 989-723-1211 |
| | 6:00 PM | 15-30 | C | Oneida Gospel Church | No Ride 29 th (Club Meeting) dcstinson@starband.net | Dennis Stinson 517-543-9432 |
| | 6:30PM | 15-20 | B | Williamstown Town Hall | Jeff Dillingham will be the Leader on May 8 & 22. No ride the 29th, Club meeting. | Charla Scheidler 517-339-4586 Jeff Dillingham 517-339-0442 |
| Fridays | 9:30 AM | 30-45 | C | Dewitt Township Hall | Food stop. No ride May 24th. | Jan or Tony Koller 517-669-5744. |

May 2008 Ride Calendar (Continued)
Recurring Rides; No Ride if Rain, Unless Noted

| Saturdays | | | | | | |
|------------------|-------------|--------------|--------------|--|---|---------------------------------|
| Day/Date | Time | Miles | Class | Start Location | Other Information | Ride Leader |
| | 8:00 AM | 40 | Z | 67 th District Court House, Grand Blanc | Must be above 45 at Start, No Ride on 31 st | Roxanne Usewick 810-694-9919 |
| | 8:00 AM | 45-65 | Z | Sawdon School. | email dcstinson@starband.net | Dennis Stinson 517-543-9432 |
| | 9:00 AM | 12 | D | Coaches (Bishop Road) | Starts May 10 th ! Uncle Miltie's Breakfast ride. Bring the kids! Very "New rider"-friendly! | Milt Gruhn 517-393-1617 |

Other DAY RIDES (one time only) in May...

| Day/Date | Time | Miles | Class | Start Location | Other Info | Ride Leader |
|----------------------------------|-------------|--------------|--------------|------------------------|-------------------------------|---------------------------------|
| Saturday May 3 rd | 9:00 AM | 35-50 | B | Owosso Fire and Police | No ride if high winds | Dave Smith 989-723-1211 |
| Saturday May 17 th | 9:00 AM | 35-50 | B | Owosso Fire and Police | No ride if high winds | Dave Smith 989-723-1211 |
| Monday May 26 th | 9:00 AM | 50-60 | Z | Holt Commuter Lot | Memorial Day Alma and back | Edie Belcher 517/242-4122 |
| Saturday May 31 st | 7:30 AM | 62 | Z | Laingsburg High School | Dog Sweep for T-Shirt | Debra Holdcraft 517-223-0312 |

Ride Starting Point Descriptions

67th District Court House.....Grand Blanc
Coaches Pub & Grill..6201 Bishop - south of the King exit on I-96
Dewitt Township Hall..1401 W. Herbison Rd. 1/2 mi. west of Old 27.
Haslett Middle School.....
E on Franklin St from Marsh Rd, 1st light S of Haslett Rd
Holt Pro Cyclery.....Cedar, 3 blocks S of Holt Rd
Holt Junior High (Former Holt High School).....
Aurelius Rd, 1/2 mi south of Holt Rd, Holt
Kroger, Coolidge & Lake Lansing.....Parking lot near Coolidge
Lainsburg High School....
Owosso Fire/Police Station.....Owosso
Oneida Gospel Church.....
Corner of Oneida and Strange Hwy, Gd Ledge
Sawdon School.....Lamson Rd., Grand Ledge
Williamstown Twp Hall.....Corner Zimmer &
 Germany Rds 4 mi east & 1 mi south of Haslett

RIDE CLASSIFICATIONS

A+.....19+ MPH
 A.....17-19 MPH
 B.....14-17 MPH
 C.....12-14 MPH
 D.....Under 12 MPH Fun and Social Group Ride
 F.....Family Fun & First-Timers Ride
 M Mountain Bike.....N/A
 Z.....Rides over 40 miles in length to be ridden at the rider's own pace without on the road ride leader supervision. Leader must have detailed map of the ride for all riders.

FOR MORE RIDES CALL:

517-882-3700 - or visit the Web Site:
www.biketcba.org

Note, changes of rides are not posted to this site.

To receive the Ride Line Transcript by email send your email address to:
donnell3@msu.edu

HELMETS ARE REQUIRED ON ALL TCBA RIDES!!!

CLASSIFIED



This section of the Chainwheel Chatter is published as a service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an email to chainwheelchatter@biketcba.org, FAX to 800-480-1146, or mail to Janet Weber, 767

Linden St., Charlotte, MI 48813.

WANTED: Road bicycle, late model, triple chainring, of good quality and maintenance for training and participating on the DALMAC and other organized rides. Frame size 23" (58cm) or 24" (61cm). Call Mark at (517) 719-8321 or write to wollensak@voyager.net.

FOR SALE: Trek 2100 road bike, Shimano 105 components, 58cm, Vetta c15 computer, toe clips, 2-H2O cages, frame bag, approx 4,000 miles. Original price \$1,460, asking \$700 or B.O. Call 517/394-1722 or 517- 485-4900 days, ask for David.

FOR SALE: Rans Rocket 24-speed recumbent bicycle. For information, contact Lenny. Email: provenc@msu.edu.

FOR SALE: Litespeed. 56" Fram, 10-year old, excellent condition, well-turned. Come see and make an offer. Call Dale Crites 517-349-0597 or (cell) 517-712-9528. Or stop by 1633 Dobie4 Cr., Okemos, MI 48864.

FOR SALE: Bike. Good condition. Has the following extras: computer, clip pedals, head lite, mirror, pump, back seat bag. New 08 tuned, new tires and tubes. A deal at \$615. I want a trike, that's the reason. This was my winter bike. Call 269-657-2166, ask for Denny.

MEMBER SPECIALS

PERSONAL TRAINING – Benefit from bicycling-oriented fitness training with Audrey Morris, Certified Personal Trainer. Focus is on a progressive training program that strengthens the core and other muscles key to biking, as well as flexibility and aerobic elements. Design you program with me from on-session orientations to on-going training sessions. Gift certificates available. Call Audrey at (517) 712-4678.

SEW MUCH MORE

Cycling wear: jerseys, cycling shorts, tights, and cycling shells.

Reasonable prices. Custom fit.

Gift certificates.

For more information call Sue at 517-627-1411

OTHER UPCOMING RIDES

W.O.W. - July 19, Mason High School. Choose any combination of 3 routes (17, 32, and 50-mile loops).

DALMAC – August 27-31. Five routes to choose from, however, they are filling quickly.

Go to www.biketcba.org for additional information and registration.

HAPPY MOTHER'S DAY!!!

