



P.O. Box 22146
Lansing MI 48909-2146

Chainwheel Deadline

Newsletter April 10

Send items to Patricia Mead, via email, chainwheelchatter@biketcba.org by the indicated deadline. Please proof your submission for grammar, punctuation and spelling.

March Member Meeting Guest Speaker: Derek Blalock The Heart to Ride

Please join us at the TCBA member meeting in March with our guest speaker, Derek Blalock.

In 2015, Derek bicycled 7,000 miles solo across the country to raise money for a friend's charity. Derek's friend died of an undiagnosed enlarged heart during his senior year of high school. In March 2018, Derek released his first book, THE HEART TO RIDE, about the trip.

Derek also was the 2015 Fall Commencement Speaker for MSU.

Let's give Derek warm TCBA welcome at the Foster Community Center. 7:00, March 28.

CHAINWHEEL CHATTER

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Volunteer Needed: Chainwheel Newsletter Editor

Experience with MS Publisher or MAC Pages, Word, Excel are ideal. Patricia Mead will assist with the transition to a new editor. Call or text Patricia at (248)

April Member Meeting Bike Polo

Please join us at the TCBA member meeting in April with a demonstration of Lansing's own Bike Polo. Team members will join us at Foster Community Center on April 25.

We will give them the space they need to demo how bike polo is played. This should be very interesting! (Bill Smith and I talked about whether a nerf ball may be needed.)

Let's see what this is all about!

Affiliated with the League of American Bicyclists and the League of Michigan Bicyclists



"Socially Speaking" Promoting TCBA on all

We are very active on social media and our members are our strength! Let your friends and family see what an awesome cyclist you are and what your club is up to!

1. Click on the TCBA, DALMAC, Northwest Tour and SummerTour social media pages (see links below)
2. Clicking "Like", "Share", "Going" or "Love" broadens our reach by hundreds of view. Any positive comments you make extends our exposure and can bring us many new riders. You never know who it may reach!

Your effort on this greatly helps us promote cycling. Thank you!

TCBA: <https://www.facebook.com/biketcba>

DALMAC: <https://www.facebook.com/tcba.dalmac>

DALMAC Event: <https://facebook.com/pg/tcba.dalmac/events>

DALMAC Instagram: @dalmac.epic

NorthWest Tour: https://www.facebook.com/NorthWest-Tour-242521885974123/?epa=SEARCH_Box

SummerTour: https://www.facebook.com/SummerTour-1036400426475502/?epa=SEARCH_BOX

T-Shirt Ride: <https://www.facebook.com/events/497219334131891>

TCBA Board and Member Meetings

Month	Board Meeting	Member Meeting
March	5	28
April	2	25
May	7	30
June	4	27
July	2	Picnic TBD
August	6	No Meeting
September	3	26
October	1	31
November	5	28
December	3	Holiday Party

Help Wanted: NorthWest Tour Camp Hosts

Help wanted: 2 people to serve as Campground Hosts for NorthWest Tour. Duties include organizing campfires (2 nights), cookie stop (1 day), doing meal counts (4 breakfasts, 3 dinners), helping with the tour raffle, and answering questions and spreading good will! Your time is your own between your duties for biking, sight seeing, beaches, etc. The campground has nice restrooms and a pool.

Provided for your service is mileage reimbursement for round-trip travel to the tour and for any tour related travel, free tour meals, stipend for lunches, tour t-shirt, and an RV camping site. This function often works well for a couple that likes to camp/RV and socialize with cyclists. Please contact us for questions or to express your interest.

Jeff Dillingham
nwtour@biketcba.org



The Tri-County Bicycle Association of Lansing, Michigan
 sponsors the NorthWest Tour
www.biketcba.org/nwtour

Cycling Meets Virtual Reality

A big TCBA thank you to member, John Carey for his presentation of Zwift and all of its features. There was a good turnout for the presentation which included a full demonstration and a few courageous volunteers to ride the trainer.

Using Zwift as an example, you can 'follow' your friends, similar to Facebook and Strava, see if they are riding when you are, and even plan to meet at a certain time/virtual location and ride together. A group of TCBA folks is currently looking into the possibility of posting virtual rides soon! Two major differences in the virtual world are braking (there isn't any, you coast to a stop) and collisions (None! You 'ghost' through fellow riders.)

Thanks also to John from American Cycle & Fitness, - Okemos. Both presenters answered many questions from the audience and demonstrated many features of Zwift.

Hope to see you all at the March member meeting!

WANTED: TCBA MEMBER TO HELP, RECRUIT, TRAIN AND SUPPORT RIDE LEADERS

The TCBA Board is looking for a member to help with the following in 2019:

Recruiting

-Following up when a potential ride leader is identified

-When needed, advertising for new ride leaders in the *Chainwheel Chatter* or using other media

Training

-Training a new ride leader yourself or connecting them with an experienced mentor/trainer ride leader in their own neighborhood

-Perhaps organizing ride leader "orientation sessions"

for those who might want to learn to lead

Supporting

-Encouraging and supporting ride leaders to schedule Class "D" rides for new/inexperienced riders

•Ensuring all ride leaders have ready access to *TCBA Ride Sign-up Sheets*, either online or in paper form

•Improving the existing system for collecting and archiving completed *Sign-up Sheets*.

If you are interested, please contact any Board member. See biketcba.org for contact information.

Need space in your shed or garage? Kids Repair Program

Kids Repair Program is in need of 24" and 26" inch bikes to refurbish for use in the youth nonprofit program. Youth ages 10 to 17 come to 20 hours of instruction and when they finish the training time, the youth take home the bike they learned on, new lock and new helmet all for \$50 class fee.

Call for time to drop off bikes, 517.755.4174 at 5815 Wise Rd in Lansing, or send a facebook message through the Kids Repair Program facebook page. Thank you.

Help Wanted: SummerTour

Everyone who will ride SummerTour is registered.

There is one way still to join. Be a SAG driver.

It will be easy and fun.

Bicyclists will have a telephone number for SAG support. The tour director will dispatch a SAG driver. The SAG driver will retrieve the bicyclist and come back to camp.

Easy and fun.

SAG drivers aren't bicycle mechanics. Just retrieve bicyclists and come back to camp.

Each SAG driver will get a day off. Go to the beach. Ride. Tour the quaint shoreline towns. It will be a great place for a vacation.

SummerTour will be July 10 - 14. Arrive no later than Wednesday at 8:00 AM or come Tuesday.

We will be in Hart, between Muskegon and Ludington near the fabulous Lake Michigan shoreline.

The food and camping will be free. People say they would come to SummerTour just for the food. It's that good. A lunch per diem and a SummerTour tee shirt.

Give water to bicyclists. Be a hero to someone. Lunch at a farm market.

This is SummerTour.

SCOOTER'S PRO CYCLE OPEN HOUSE

Mark your calendar for this one!

Sunday, March 31

11am to 4pm

Ride River trail afterwards, weather permitting

Location
Scooters Pro Cycle
2169 Cedar st Holt MI. 48842

NEW this year Garage sale section
Select bikes up to 50% OFF

Members SAVE 10% on anything in the store not already marked down.
Including special orders

Bargains 10% to 80% OFF select items
Shoes,Gloves,Locks,Bags and Helmets

FREE Pizza and Refreshments

Authorized Dealer of GIANT,FUJI,KALI,LOUIS GARNEAU and SWAGMAN racks

<https://scootersprocycle.com/bikes>



Classifieds

This section of the Chainwheel Chatter is published as a Service for **TCBA members only**, to advertise cycling equipment free of charge. To place an ad, send an email to chainwheelchatter@biketcba.org. Ads will appear for 2 editions, unless otherwise notified.

For Sale: Trek 820 mountain track \$50

TeamMag Turbo III trainer \$20, email: asila190659@hotmail.com

2/19

Looking for a touring bike and all gear necessary for self contained travel. If you have or know of cyclists ready to sell, call Leslee 517 290-1390 My height - 5'6" current road bike frame 54 cm 2/19

Interested in buying old (80's & older) classic lugged steel bike (road / touring) & parts. Contact Tim 517-706-9244 I / email tim.potter@rideofsilence.org w/info / photos to see if you've got something interesting 2/19

For Sale: Bicycle Transport Case made by BWH (Germany), approx 49" x 35" x 13", 4 wheels. Box is big, can fit add'l equipment along w/bicycle. \$150 OBO. Phone / Text 919 886-7642 2/19

For Sale: Yakima compact hatchback vehicle bike rack, holds 2 cycle, currently configured to fit standard Toyota Prius, can be adjusted to fit other vehicles. Rarely used \$40 OBO. Call Larry or Mary Hennessey at 517 349-2276 or henlar@sbcglobal.net 2/19

For Sale: Like new recumbent (300 miles max) except for paint chipping (from original shipment - including touch-up paint), 21-speed, Sun EZ-a Super Cruiser Lite. Size: Fits inseam 33" - 48". I'm 5'1" and plenty of space for longer legs. Includes inner tubes for front/rear wheels, under seat luggage rack, brand new, never mounted. Selling for health reasons. Asking \$750 OBO Contact Sandy Beringer 517 394-0935 or 517 980-6458 2/19

Member Specials

This section is for TCBA members who own a business to advertise at a cost of \$30 per 6 months for business card ad. To place ad, submit your copy-ready jpg business card to chainwheelchatter@biketcba.org and mail payment to TCBA - Classifieds - Patricia Mead 10655 Ballinalee Lane Grand Ledge, MI 48837

 <p>Sew Much More Sewing Classes ages 8 to adult Custom Cycling Wear Susan A. Schrock 517-627-1411 1042 W. Colonial Park Dr. Grand Ledge, MI 48837 e-mail: sewmuchmorebiz@gmail.com web: sewmuchmore.biz</p> 	<p>BRYAN WALDMAN ATTORNEY AT LAW</p>   <p>(517) 394-7500 3380 Pine Tree Rd. Lansing, MI 48911</p> <p>bryan@bikelaw.com www.bikelawmichigan.com</p>
<p>Exp. 10/17</p> <p>Michael A Wells Insurance Counselor General & Recreational Insurance</p> <p>Email: mwells99@yahoo.com</p> <p>Off: (248) 625 3089 Cell: (248) 981-9099</p> <p>6481 Springfield Clarkston, MI 48346</p> 	 <p>Glassen, Rhead, McLean, Campbell & Schumacher</p> <p>Kevin V.B. Schumacher Attorney at Law Bicycle Friendly Business, Real Estate, Litigation, Corporate & Bankruptcy Law 533 South Grand Avenue Lansing, MI 48933 (517) 482-3800 (fax) 482-8253 schumacher@glassenrhead.com</p>

TCBA MEMBER CONTACT



Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

President: Patrick Kelley (517) 242-6940
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email: treasurer@biketcba.org

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email: secretary@biketcba.org

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DALMAC FUND:

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Northwest Tour:

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Website: www.biketcba.org/nwtour

Ride Coordinator:

Colleen Kelley
email: ridecoordinator@biketcba.org

Routes & Maps:

Dave Mansfield
email: routesandmaps@biketcba.org

SummerTour:

Ginger Royston
email: summertour@biketcba.org

T-Shirt Ride:

Bob Noble (517) 925-8028
Cell (517) 290-7271
email: t-shirt@biketcba.org

Weather:.

(517) 321-7576

Webmaster:

Dave Mansfield
email: webmaster@biketcba.org

TRI-COUNTY BICYCLE ASSOCIATION MEMBERSHIP

<http://www.biketcba.org/>
Select Member Signup and follow the prompts! Select options:

- Create a profile
- Renew membership online

- Select interests
- Volunteer opportunities
- Select electronic version of Chainwheel Chatter
- And much more