

CHAINWHEEL CHATTER

Volume 47 Issue 11 | Established 1972 | November 2019

P.O. Box 22146 Lansing MI 48909-2146 www.biketcba.org Promoting safe, social bicycling since 1972

Chainwheel Deadline

October Newsletter: November 23 Send items to Sarynna Lopez Meza by the indicated deadline. <u>chainwheelchatter@biketcba.org</u>

Stay in touch with us!

Whether you are a beginner, casual or hardcore cyclist, the Tri-County Bicycle Association (TCBA) is here to help!

The TCBA membership offers several perks, including access to the premier version of Ride with GPS (normally \$80/year, this app allows you to download and edit biking routes), as well as earning incentives when riding club miles (bike goodies, clothing, to name a few).

Feel free to join the various class rides we have:

- A 17-19 mph
- B 14 17 mph
- C 12 14 mph
- D Up to 12 mph
- Z Longer rides at your own pace (~10 mph)

More information about the various rides and to confirm they are taking place, please look at <u>BikeTCBA.org</u>.

Find us and follow us on social media:

TCBA: https://www.facebook.com/biketcba

DALMAC: https://facebook.com/pg/tcba.dalmac/ events

DALMAC Instagram: @dalmac.epic

A note from the editor

As I drove home this past Sunday, I saw a couple of bikers on Burcham Road. Considering I have resigned myself to ride nowhere in my basement or get back to spin classes, I felt envious of their courage to ride in what was a beautiful but chilly day! And now we have freezing rain in the forecast, and I know my Strava feed will still show me rides from some of my courageous friends who still will ride outside: I admire you all! For those of us not as adventurous, there has been talk about starting a virtual ride on Sunday mornings via Zwift, so hopefully that will get some traction in the next several weeks.

I've also been thinking about what I'd like to bring to the newsletter, and for now, I'll start by sharing my thoughts of some of the various articles I see in the cycling newsletters I've been getting. The topic in this issue is about Commuting, and I really would like to hear your thoughts about it.

Please don't hesitate t email me if you have comments and/or suggestions for the Chainwheel! Safe rides!

Sarynna López Meza - East Lansing, MI

	TCBA N	1embersh	ip	
	1-Year	2-Year	3-Year	4-Year
Individual	\$15	\$16	\$24	\$32
Family	\$20	\$32	\$40	\$48

Affiliated with the League of American Bicyclists and the League of Michigan Bicyclists





A note from the TCBA President

Greetings TCBA members. Hope that the fall riding season gets you out to enjoy some excellent fall rides with your fellow club members!

At the September Membership meeting the Nominations for the TCBA Board were opened and the slate of proposed Officers was set.

Nominated for office were:

President – Pat Kelley

Vice President - Patty Mead

Secretary – Deb Traxinger

Treasurer - KC Harrison

DALMAC Director – Steve Leiby

Board-at-Large - Ken Schwartz

Board-at-Large – Eric Dean

At the October 31, 2019, Membership Meeting we will have the Annual Report, confirmation of the 2020 TCBA Board, by acclamation, and "Open Mic" for our members. Please plan to attend and help us continue to be the club you want.

Remember TCBA's motto, "Safe social bicycling since 1972".

Members attending the October 31st meeting will enjoy free Apple Cider and doughnuts.

Thank you for being a TCBA member!

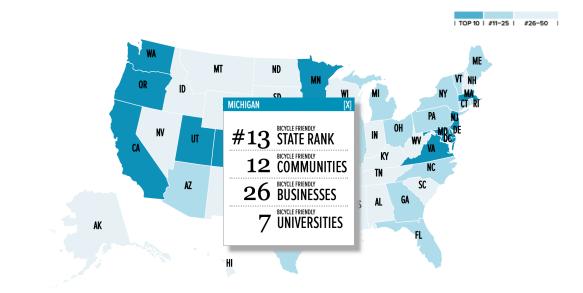
Pat Kelley, President

The Editor's thoughts on commuting

A perk of being the editor means I have started getting several forwarded cycling-related newsletters. The one thing that has caught my attention as a common denominator among them in the last couple of issues is the discussion about commuting, and how it is the nation's fastest-growing form of transportation and how developers of communities are taking this into account (ie, to have access to bikeways and trails). Even if major cities saw a decrease of people biking to work in the last year, bike commuting over all is seeing an increase in the long-term, when considering more cities are having 10,000 people or more commute to work.

The concept of commuting is fascinating to me. A friend of mine from Sweden rides 5 miles to work year-round, regardless of the weather conditions; he just automatically puts his rain gear in his backpack, along with a change of clothes, and carries on. A friend in Berlin did the same. And I see it daily in East Lansing around the university, with students and professors biking to and from work/school. For me, biking is what I do when I want to go on a fun ride or do a workout, but growing up in a bigger city in Mexico, biking was not a typical form of commute. Looking back, it seems a mix of unsafe road conditions, lack of awareness, and a car-heavy culture that were to blame. Even now, when I live 2 miles away from my office, in an extremely bike-friendly area, and should probably bike to work every day, the thought of sweating and carrying an extra set of clothes, and having a heavy backpack with my food and other things just seems cumbersome.

Is it because I wasn't raised in a biking friendly culture? Is my child doomed since I'm not promoting that lifestyle? Do you often commute to work or is biking something you do to get exercise after work? Did you make that change from fun to transportation tool easily? Asking for a friend!



https://www.forbes.com/sites/jeffsteele/2019/08/23/wheeling-and-dealing-bicycle-oriented-development-shifts-intohigher-gear/#3c1b584f10ba https://bikeleague.org/content/federal-data-says-bike-commuting-down

https://bikeleague.org/bfa/awards

My friend Dave Baker

By: John Carey

My friend Dave Baker was a TCBA member and riding companion for the past ten years. Some of you may have met Dave on DALMAC. If your paths crossed, you knew it. That's how he was. Dave was struck by a car and killed recently while riding his bike. Sadly, that is how many people will remember him. I wanted to share with you how I will remember Dave.

Cyclists come in all shapes and sizes. Dave generated a slip stream large enough for a small party, which was a perfect fit for his gregarious riding attitude. The man broke spokes with impunity, cranked out huge watts on the uphill, and let it rip on the backside. He was unable to talk about his max ride speed without grinning.

Dave laughed and talked a lot – he enjoyed the camaraderie, and just being outdoors. He was all about Rule 9 (If you are out riding in bad weather, it means you are a bad ass. Period.) We rode hundreds of crappy weather miles together. Somehow, it was fun.

Bike rides boil down to speed, distance, elevation, and time. Many of us focus on speed, but to Dave, it was all about time. You might be able to beat him on a century ride, but unless you were planning on riding through the night, he would outlast (and out distance) you. When the ride was over, his cooler usually had a couple Backwoods Bastards on the bottom, buried under the ice and Gatorade.

Dave's personal best was 206.7 miles at the National 24 Hour Challenge (N24HC). When leg injuries sidelined him, he SAG'd for a few of us the past three years at the same event. Being Dave, he also volunteered at N24HC to set up and tear down when he wasn't supporting us. The man didn't need much sleep!

Dave and I rode in the Lansing Ride of Silence. We also went down to Kalamazoo a few years ago for the "Finish the Ride" event led by Lance Armstrong after 9 cyclists were hit (five died) by an out of control truck.

And now I write this after Dave is gone. Please think of Dave when you are having a good day on two wheels. Take advantage of and support everything that TCBA does to educate and help us (bicycle riders and vehicle drivers) ride safe.

Volume 47 Issue 11

Having trouble logging into the website?

Contact Membership lead, Ed Usewick at (810)922-6934 or via email at <u>membership@biketcba.org</u>. Ed can help you unravel the mystery of getting logged in.

You may also contact Ed for member related questions too. If Ed can't answer your question, he'll get back to you with the right response.

Bicycle Advocacy

To get all of the latest news and information regarding Bicycle Advocacy check out <u>BikeTCBA.org</u>. You can find the latest minutes posted.

Cross Town Maps

Please contact our map coordinate, Dave Mansfield, for any Cross Town map changes or updates. Dave can be reached at <u>webmaster@biketcba.org</u>, and he can help with all map and route related questions.

Other Updates

Does directing a bike tour sound fun to you? If so, we will need a new director for the 2021 T-Shirt ride. Interested people may contact any board member for information. Please refer to board members contact information on page 6 of the newsletter.

2020 will mark the 50th anniversary of DALMAC - Registration will open on January 1st, 2020!

Save the Date! TCBA Holiday Party

WHAT - TCBA Holiday Party
WHERE - Peacock Road Tree Farm
11854 Peacock Road, Laingsburg, MI 48848
WHEN - Wednesday December 4th , 6 pm
COST - \$10 for club members.

There will be appetizers served during the social hour (6-7 pm) followed by dinner. Please refer to the TCBA website for more details.

You may sign up at the October Club meeting, online through Club Express or by calling Patricia Mead. **Please RSVP by November 29th.**



TCBA Board and Member Meetings

		-
Month	Board Meeting	Member Meeting
October	1	31
November	5	No Meeting
December	3	4, Holiday Party

Everyone is welcome to attend the Member meetings. These are at 7 pm at the Foster Community Center in Lansing.

If you are unable to attend the meetings you can always look at the minutes available at the <u>BikeTCBA.org</u> site.

Classifieds

This section of the Chainwheel Chatter is published as a Service for TCBA members only, to advertise cycling equipment free of charge. To place an ad, send an email to <u>chainwheelchatter@biketcba.org</u>. Ads will appear for 2 editions, unless otherwise notified.

For Sale: 2016 AZUB full suspension recumbent short wheel base bike great for self contained touring. Lots of extras \$2800.00 or best offer. Contact Robert Graf at 517-675-7629 or 517-204-2770

For Sale: Road bike - Men's Fuji - \$300. If you want it all , but have a limited budget the Finest-Al has lots to offer. Lightweight Altair 2 butted frame with a surprising compliant ride, 24-speed Shimano Sora drivetrain and sturdy, double wall rims with CNC sidewalls. Includes Cateye cyclometer, two water bottle cages and a rear Travelrack.Contact Robert Ford 517.290.3416

For Sale: Bike - Women's Fuji - \$300. Not a road bike, not a hybrid. The Silhouette is best of both, the speed of a road bike with more comfortable position of a hybrid. It is equipped with Altair 2 lite butted aluminium frame, Shimano Tiagra 27 speed drivetrain with slick shifting RapidFire shifters, fast rolling Richey Aero wheels and linear pull brakes with modulator on front for secure stopping. Includes a Cateye cyclometer, clip-in pedals and non-clip-in and a Senas dual density cushioned saddle.Contact Robert Ford 517.290.3416

For Sale: 3 speed Electra Classic Tandem. Aluminum frame. Black. 9 years old but hardly been ridden. It's like new. 26" wheels. Fenders. Great bike for cruising around town. Asking \$600 OBO. Call or text Cathy at 773-835-0009.

Member Specials

This section is for TCBA members who own a business to advertise at a cost of \$30 per 6 months for business card ad. To place ad, submit your copy-ready jpg business card to chainwheelchatter@biketcba.org and mail payment to TCBA - Classifieds - Patricia Mead 10655 Ballinalee Lane Grand Ledge, MI 48837



Your respect is requested when using any of the numbers on this page. Phone calls during family time and at late hours can be intrusive.

TCBA OFFICERS:

President:

President:	
Patrick Kelley	(517) 242-6940
email:	president@biketcba.org
Vice President:	
Patricia Mead	(248) 210-0337
email:	vp@biketcba.org
cinan.	vp@biketeba.org
Tronguror Uarr	v Levins 517-627-9763
Treasurer: Harr	
email:	treasurer@biketcba.org
Secretary: Deb 7	
email:	secretary@biketcba.org
Events Director	: Steve Leiby
email	director@biketcba.org
Board at Large:	0 0
Bob Noble	e (517) 925-8028
Ce	()
	boardatlarge1@biketcba.org
Ken Schw	()
email:	boardatlarge2@biketcba.org
OTHER GOOD N	UMBERS:
Advocate Comp	nittee Chairman:
	517 074 6540
Dale Flores Free	nan 517-974-6542
Dale Flores Freer email	nan 517-974-6542 advocacy@biketcba.org
Dale Flores Freer email Bike Travel Cas	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator
Dale Flores Freer email Bike Travel Cas Phil Wells	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125
Dale Flores Freer email Bike Travel Cas	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator
Dale Flores Freer email Bike Travel Cas Phil Wells	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125
Dale Flores Free email Bike Travel Cas Phil Wells email: DALMAC	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com
Dale Flores Free email Bike Travel Cas Phil Wells email: DALMAC email:	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125
Dale Flores Freen email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND:	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: D	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org
Dale Flores Freer email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org urer:
Dale Flores Freer email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta email:dalu	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org urer: mactreasurer@biketcba.org
Dale Flores Freer email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org urer: mactreasurer@biketcba.org
Dale Flores Freer email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta email:dalu	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org urer: mactreasurer@biketcba.org
Dale Flores Freer email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: D DALMAC Treasu Lou Cravotta email:dalı Data Protection	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org arer: mactreasurer@biketcba.org Officer:
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta email:dalu Data Protection Dave Mansfield email:	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org urer: mactreasurer@biketcba.org
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta email:dalu Data Protection Dave Mansfield email: LMB Office	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org officer: webmaster@biketcba.org
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: D DALMAC Treasu Lou Cravotta email:dalu Data Protection Dave Mansfield email: LMB Office email:	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org officer: webmaster@biketcba.org office@lmb.org
Dale Flores Freen email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: I DALMAC Treasu Lou Cravotta email:dah Data Protection Dave Mansfield email: LMB Office email: Membership Cod	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org officer: webmaster@biketcba.org office@lmb.org office@lmb.org
Dale Flores Free email Bike Travel Case Phil Wells email: DALMAC email: DALMAC FUND: Steve Leiby email: D DALMAC Treasu Lou Cravotta email:dalu Data Protection Dave Mansfield email: LMB Office email:	nan 517-974-6542 advocacy@biketcba.org e Use Coordinator (517) 420-0125 philwells99@yahoo.com dalmac@biketcba.org (517) 881-4137 DALMACFund@biketcba.org officer: webmaster@biketcba.org office@lmb.org

TRI-COUNTY BICYCLE ASSOCIATION MEMBERSHIP

http://www.biketcba.org/ Select Member Signup and follow the prompts! Select options:

- Create a profile
- Renew membership online

Chainwheel Editor: Sarynna Lopez Meza (803) 840-2277 email:chainwheelchatter@biketcba.org Northwest Tour: Jeff Dillingham (231) 357-8330 email: nwtour@biketcba.org Website: www.biketcba.org/nwtour **Ride Coordinator:** Colleen Kelley ridecoordinator@biketcba.org email: Routes & Maps: Dave Mansfield email: routesandmaps@biketcba.org SummerTour: Ginger Royston summertour@biketcba.org email: T-Shirt Ride: Bob Noble (517) 925-8028 Cell (517) 290-7271 email: t-shirt@biketcba.org Weather: (517) 321-7576 Webmaster: Dave Mansfield:

email: webmaster@biketcba.org

- Select interests
- Volunteer opportunities
- Select electronic version of Chainwheel Chatter
- And much more